



Elmbridge Family Centres

Spring/Summer 2024 - What's On

For further information or to book a place, please contact us

Tel: 01932 229103

Email: elmbridge@spurgeons.org

Weekly Parent & Baby Play Group (Term-time only)

Dates: Every Monday morning

Times: 9.30am to 10.30am

Venue: Walton Family Centre, Sandy Lane, Walton-on-Thames, Surrey, KT12 2EQ

Info: Weekly themes on play, sensory, rhymes and much more

New Parent Group (referral from health visitors or midwife only)

Dates: Monday 15th January to 5th March 2024 (8 weeks)

Times: 12.45pm to 2.15pm

Venue: Walton Family Centre, Sandy Lane, Walton-on-Thames, Surrey, KT12 2EQ

Info: For babies up to 6 months old, includes first aid, safety in the home, introducing solids, play and brain development, and becoming a parent.

Freedom Programme

Dates: Contact us for dates

Keeping Your Child in Mind (For parents in conflict)

Dates: Friday 19th April to 10th May 2024 (4 weeks)

Times: 10.00am to 12.00pm

Venue: Walton Family Centre, Sandy Lane, Walton-on-Thames, Surrey, KT12 2EQ

*****NEW*** Supporting Pre-teens & Teens in Senior schools (12 weeks)**

Dates: Thursday 9th May to 11th July 2024, Times: 3.30/4pm - 5.45pm

Venue: Walton Family Centre, Sandy Lane, Walton-on-Thames, Surrey, KT12 2EQ

Info: For children aged 11-13yrs resident in Elmbridge, covering many areas to support them to navigate the journey of growing up including personal safety, Internet safety, keeping healthy, mental health, and healthy relationships

**We also have other Parenting courses available
please contact us for further details**