

Three good things

Day 1

One good thing that happened today...

Something good that someone else did...

One fun thing about today...

Three good things



Day 2

Something I achieved today...

Today I laughed when...

I was thankful when...

Three good things

Day 3

Something I was thankful for today...

I smiled when...

he

Something positive about today...

Three good things

Day 4

One good thing about today...

Today was special because...

I was proud of myself today because...

Three good things



Day 5

The most interesting thing about today...

I am thankful for...

The greatest thing about today...

Three good things

Day 6

Something about today that I enjoyed...

Something funny that happened today...

I was kind when...

Three good things



Day 7

Something I was happy about today...

My good deed for the day was...

Someone was kind to me when...