



Together with Families

Guided by our Christian faith, our mission is to transform the nation, one child at a time.

Jan 2025

Spurgeons 

About Us



COMPASSION



COMMITTED



FAIR

Spurgeons is a charity for families.

Inspired by our Christian faith and our founder Charles Spurgeons we provide state-funded and charitable care Family Hubs in statutory, faith-based and community-led spaces, where we're needed most, helping families deal with mental health, special educational needs, domestic abuse and all of family life's challenges. We work through children and family centres, churches, schools and prisons, putting children first in everything.

We strive to give hope to every family that comes to us for help.

Spurgeons

What we do

We support families through...

- Family Support
- Counselling
- Early Years Health and Wellbeing
- Preschools
- Prisoner Family Support
- Domestic Abuse Care and Recovery
- Parenting Advice and Support
- Digital Services

Family Support

Spurgeons works with families offering activities and support to help children get the best start.

We provide support across communities in our family and children's centres, family hubs and counselling for children and teenagers.

Information, advice and access to children's health services are offered alongside 1-1 support, groups and drop-in sessions.



Counselling

Spurgeons offers support for children, young people, parents and carers through one-to-one counselling either face-to-face or remotely with BACP registered counsellors.

Counselling can involve talking about and exploring, with art, play, sand tray work, role play or games the client's feelings, thoughts and experiences



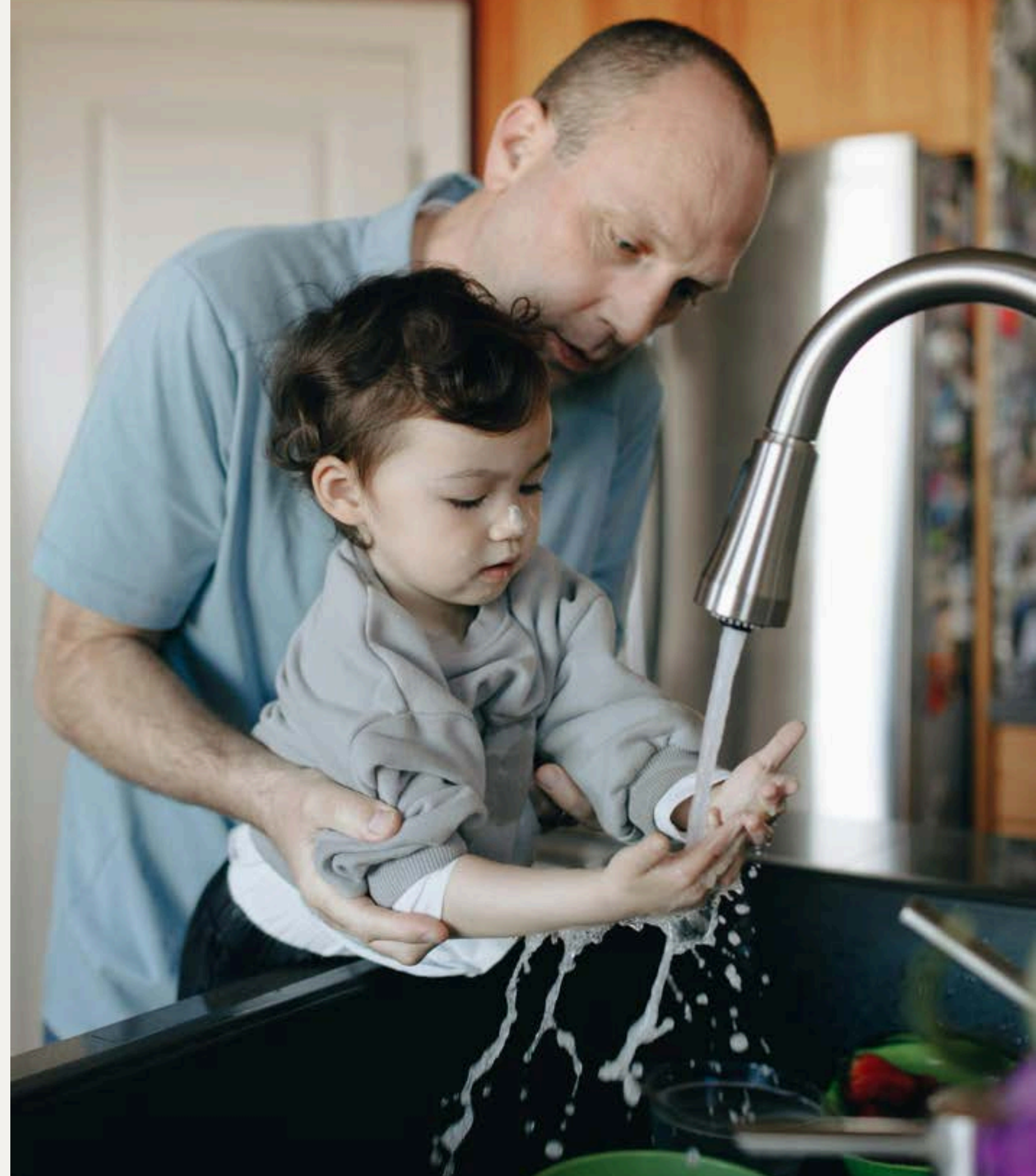


I have felt my confidence at being a parent has increased and I am finding it easier to manage more difficult situations. I feel I have a toolbox of strategies, whereas I felt a bit lost before.



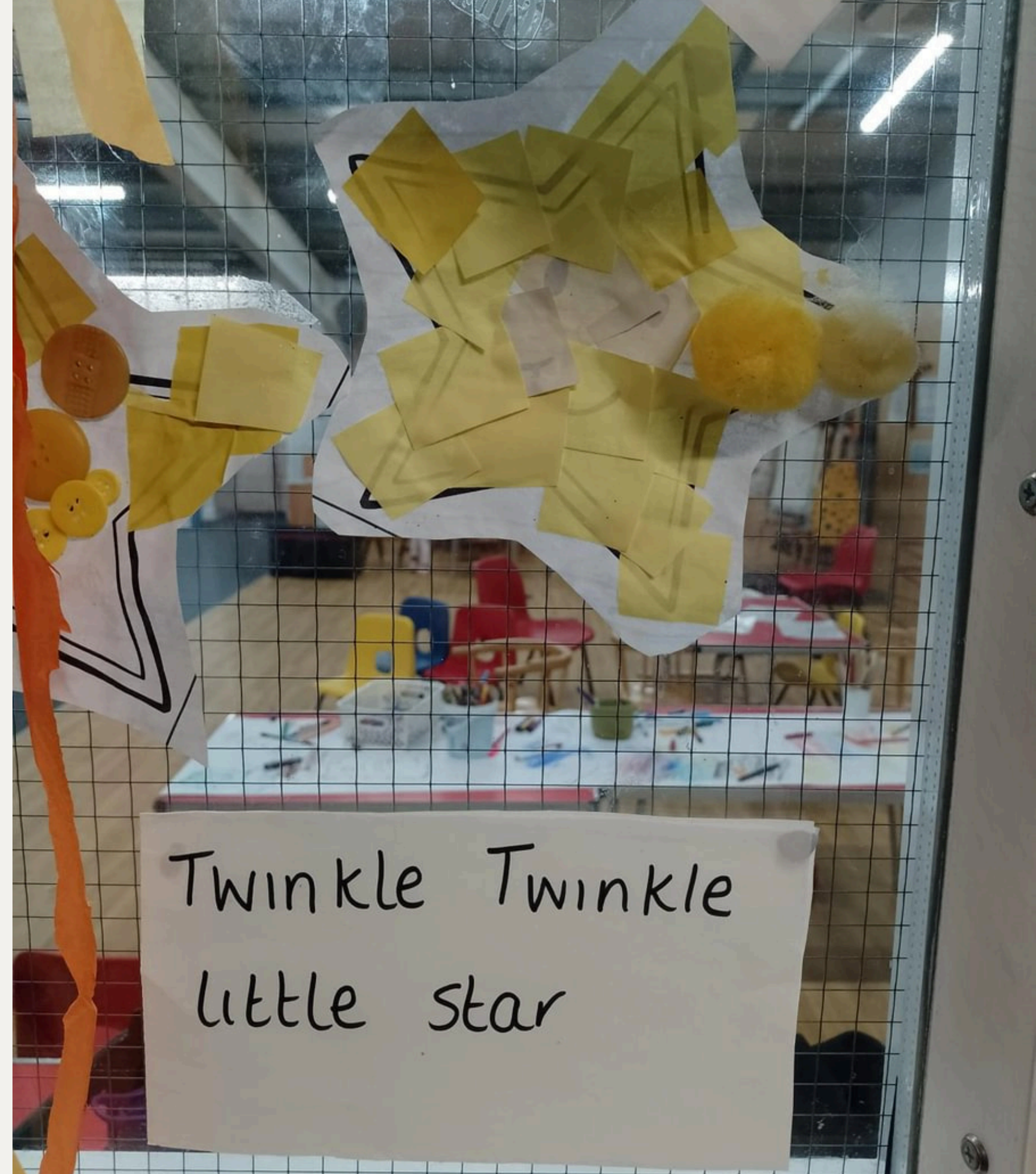
Early Years Health and Wellbeing

Spurgeons supports all families to live safe, happy, healthy lifestyles. We offer sessions for under 5s and groups for new parents and babies, as well as more specialist support. We provide activities for children and young people at various locations across the country, to help parents and families build a strong foundation for their child's future. Families are welcome at our dad's group, parenting courses or in our sensory rooms.



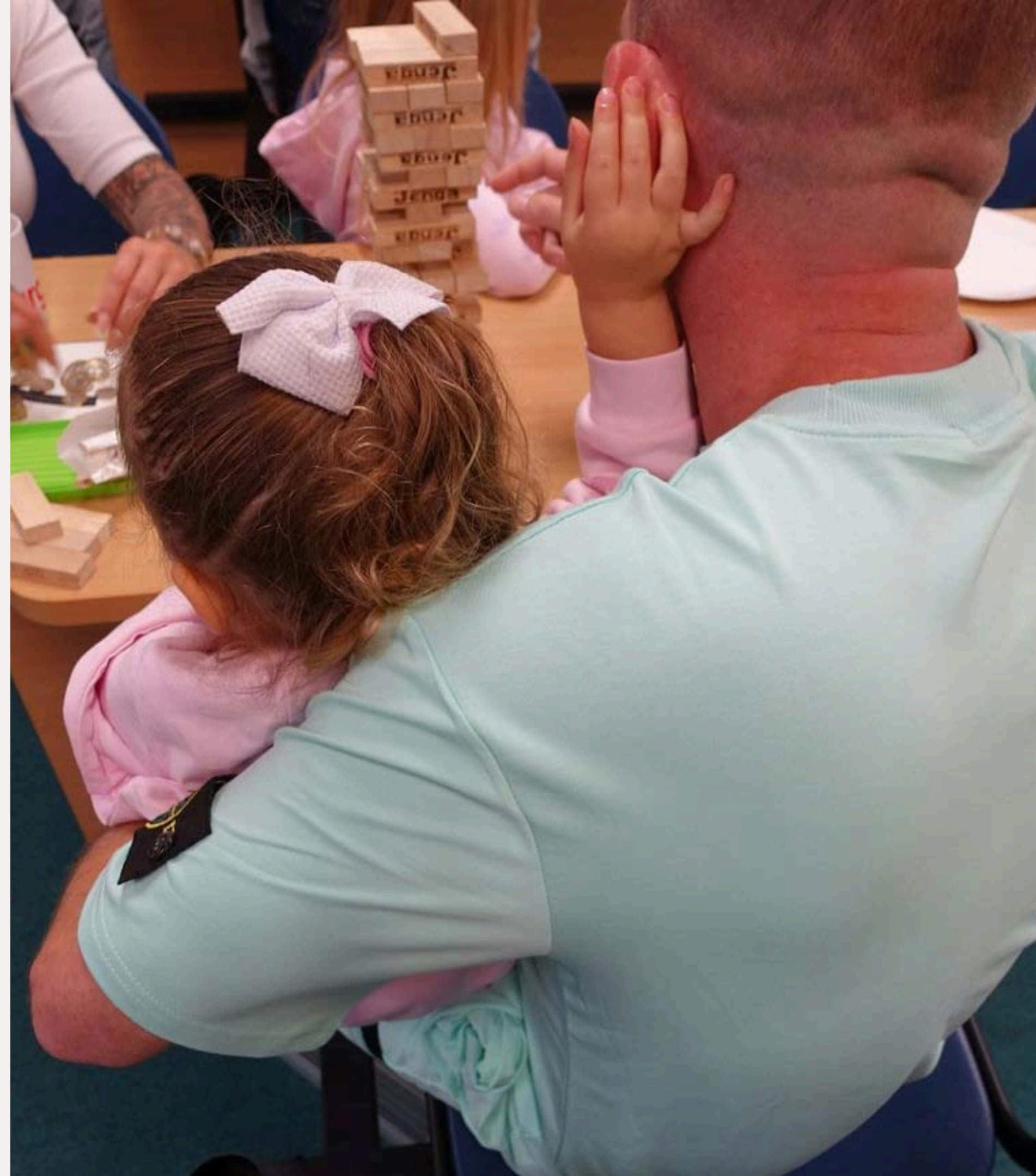
Preschool

Spurgeons preschools offer a friendly, caring and stimulating preschool environment for children to grow. We prioritise high quality play equipment, for both inside and outside play, and support the whole family with onsite counselling and family support.



Prisoner Family Support

Through parenting courses, family days, baby bonding sessions, and homework clubs, we strengthen the bond between imprisoned parents and their children. We collaborate with specialist organisations addressing substance abuse, domestic violence and mental health, working closely with children's services, probation services and trained counsellors. Our comprehensive support allows us to extend our assistance beyond the gates after their release.



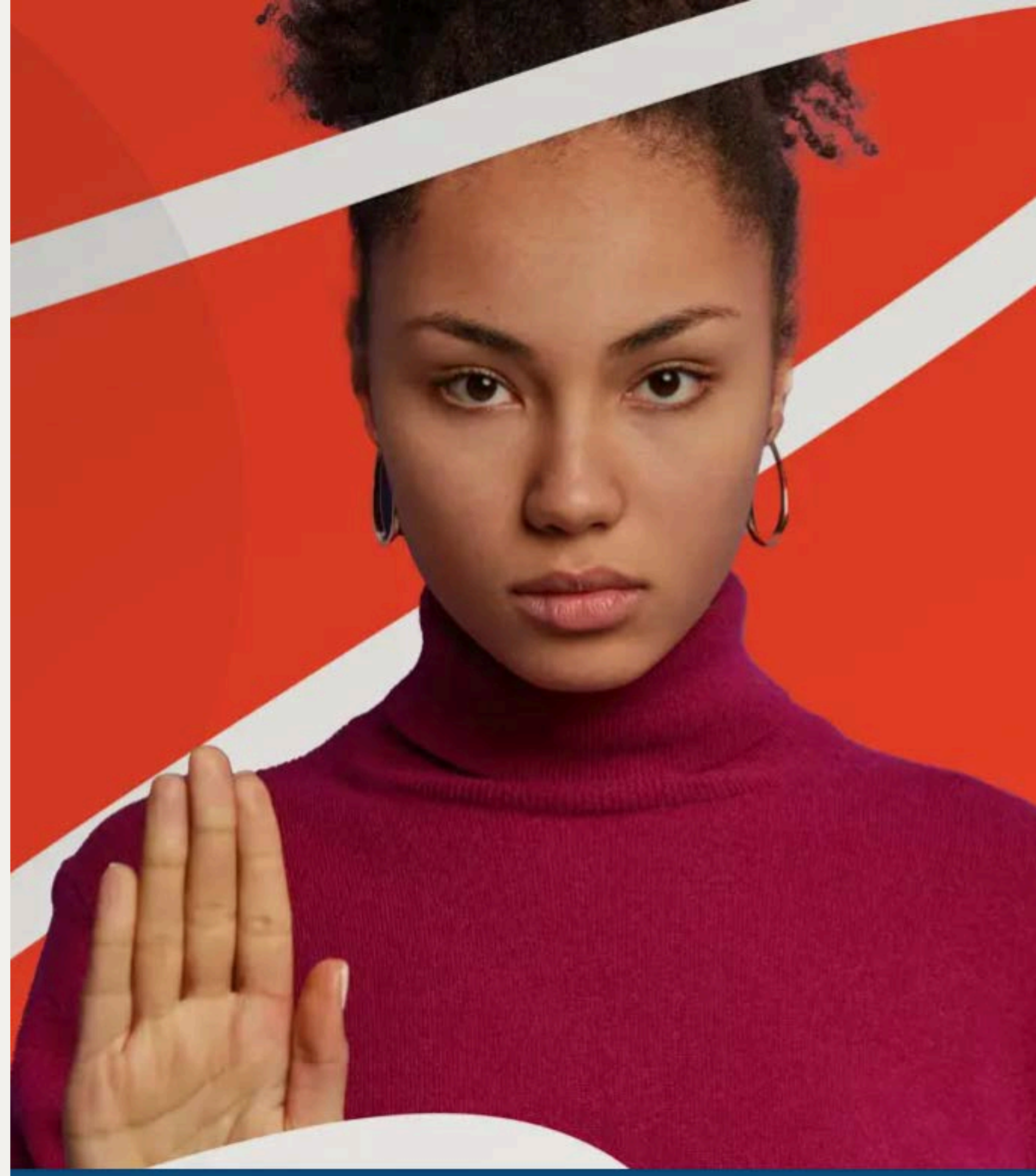
Our Impact in 2024

- 100%** of children say they made progress when being supported by our services.
- 97%** of families said they made progress across their lives when working with us.
- 86%** of children have made headway with their feelings and behaviour.
- 2M** people reached digitally through our courses, social media and online content.
- 220** We are currently working intensively with 220 prisoners to improve relationships with their families and children.
- 694** were safeguarded and kept safe from domestic abuse, neglect and the effects of poor mental health.

Domestic Abuse Care and Recovery

We provide support and evidence-informed interventions for children and adults affected by domestic abuse and training for professionals.

Our website has a list of useful links to organisations that can provide support if you or somebody you know is experiencing signs of abuse.



Parenting Advice and Support

Spurgeons develops good relationships between parents and their children. We can help parents understand the causes of behaviour and identify where things are not working. We also offer additional support for families and children with Special Educational Needs. Positive parenting can lead to happier children with higher chances of good mental health and a long-lasting positive effect on future generations.



Digital Services

Helpful tools on anxiety, parenting, eating disorders, support for separating parents is available online on our website, follow us on social media for more information. We also provide a website just for dads, www.dad.info. Visit us for top parenting ideas and to chat to other dads in our forum.



Thank you.

If you would like to volunteer, fundraise for us
or access support, please visit us at
www.spurgeons.org.

Please watch the short video next.

