

Guide

to using the All About Me booklet

The All About Me booklet helps young people share their story in their own words so they only need to tell it once. Filled with fun activities, it's ideal for use in classrooms, youth groups, or at home, with groups or individual children.



Simply download the activity booklet and work through the activities provided. With a range of prompt questions included, this resource is inclusive and easy to differentiate. Perhaps use the pages as fun icebreaker activities.

The prompts and questions throughout encourage children to be more confident in sharing things about themselves.

You can ask them to consider the things they like about school, things they would like to change, and ask them to think deeper about why they feel the way they do about school. Perfect for getting to know your new students, and for everyone to learn something new about each other.

If you are working with a group of children beyond the classroom, or with a child at home, ask them to consider what makes them happy, and write down the things they are proud of.

This flexible resource can be used as a booklet for children to complete, or as individual worksheets.

Remember, if you are ever worried that a child may be at risk of harm, it is important to act. You can contact 999 in an emergency, speak with your GP or call Childline on 0800 1111. You can also share your concerns with your local safeguarding team.

