

# Hodge Hill Children's Centres Activity Calendar

## Mornings...

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Family Fitness (Physical Fizz)</b></p> <p>9:30am – 10:30am</p> <p>(Shard End Library)</p>	<p><b>Family Fitness (Physical Fizz)</b></p> <p>9:15am – 10:15am</p> <p>(St Cuthbert's Primary School)</p>		<p><b>Promoting Happier Parenting (PHP)</b></p> <p>9:30am – 11:00am</p> <p>Begins 9th January (Hillstone Primary School)</p>	
<p><b>Little Talkers Speech and Language</b></p> <p>9:30am – 11:00am</p> <p>(Tame Valley CC)</p>	<p><b>Emotional Wellbeing Group Referral only</b></p> <p>9:30am – 11:30am</p> <p>(Dyson Gardens)</p>	<p><b>Incredible Years (Parenting Course)</b></p> <p>9:15am – 11:15am</p> <p>15th January until 6th May</p> <p>(St Cuthbert's Primary School)</p> <p>Please book in advance</p>	<p><b>Stay and Play (Scrap Project)</b></p> <p>Invitation only</p> <p>6 week programme</p> <p>9:30am – 11:30am</p> <p>(Anthony Road CC)</p>	<p><b>Approachable Parenting</b></p> <p>Booking necessary</p> <p>9:00am – 11:00am</p> <p>10th January until 13th March</p> <p>(Highfield Nursery)</p>
<p><b>Emotional Wellbeing Group Referral only</b></p> <p>9:30am – 11:30am</p> <p>(Waverley School)</p>	<p><b>HENRY (Healthy Eating and Nutrition in the Really Young)</b></p> <p>Booking necessary</p> <p>9:30am – 11:30am</p> <p>(Tame Valley Nursery)</p>	<p><b>KIDS Family Group</b></p> <p>9:30am – 11:30am</p> <p>(Dyson Gardens)</p>	<p><b>Basic ESOL</b></p> <p>9:30am – 11:30am</p> <p>(Tame Valley CC)</p>	<p><b>Incredible Years (Parenting Course)</b></p> <p>9:30am – 11:00am</p> <p>17th January until 8th May</p> <p>(Firs Primary School)</p> <p>Please book in advance</p>
<p><b>Baby Group (Under 2's)</b></p> <p>10:00am – 11:30am</p> <p>(Anthony Road CC)</p>	<p><b>Parent and Baby Play for pre-walkers</b></p> <p>10:00am – 11:30am</p> <p>(Hodge Hill Primary Care Centre, B36 8GH)</p>	<p><b>Family Fitness (Physical Fizz)</b></p> <p>10:00am – 11:00am</p> <p>(Anthony Road CC)</p>	<p><b>Family Fitness (Physical Fizz)</b></p> <p>10:00am – 11:00am</p> <p>(Tame Valley CC)</p>	<p><b>Baby Group (Under 2's)</b></p> <p>9:30am – 11:00am</p> <p>(Anthony Road CC)</p>
<p><b>Baby Group (Under 2's)</b></p> <p>10:00am – 11:30am</p> <p>(Kitts Green CC)</p>	<p><b>Musical Babies (Under 1s)</b></p> <p>10:00am – 11:00am</p> <p>(Anthony Road CC)</p>	<p><b>Baby Group (Under 2's)</b></p> <p>10:00am – 11:30am</p> <p>(Kitts Green CC)</p>	<p><b>Parent Forum</b></p> <p>30th January 2020</p> <p>10:00am – 11:30am</p> <p>(Anthony Road CC)</p>	<p><b>Family Fitness (Physical Fizz)</b></p> <p>10:00am – 11:00am</p> <p>(Kitts Green CC)</p>
<p><b>ESOL</b></p> <p>Childcare available</p> <p>10:00am – 12:00noon</p> <p>(Dyson Gardens)</p>	<p><b>Childcare Level 1</b></p> <p>9.30am – 2:30pm</p> <p>(Kitts Green CC)</p>	<ul style="list-style-type: none"> <li>You can collect your Healthy Start vitamins from our centres (drops for children under 4 years - tablets for moms to be and/or to babies under 1)</li> </ul>	<p><b>ESOL - Pre-Entry Level</b></p> <p>10:00am – 12:00noon</p> <p>(Dyson Gardens)</p>	<p><b>Little Talkers Speech and Language (invitation or referral only)</b></p> <p>10:00am – 11:30am</p> <p>(Dyson Gardens)</p>
<p><b>Baby Massage</b></p> <p>10:00am – 12:00noon</p> <p>(Tame Valley CC)</p>	<p><b>Job Club</b></p> <p>10:00am – 12:00noon</p> <p>(Anthony Road CC)</p>		<p><b>Job Club</b></p> <p>10:00am – 12:00noon</p> <p>(Dyson Gardens)</p>	<p>(Dyson Gardens)</p>
<p><b>Bump and Babies Lounge</b> for parents to be and parents with under 1's</p> <p>10:00am – 12:00noon</p> <p>(Tame Valley CC)</p>	<p><b>Breastfeeding Lounge/ Drop-In</b></p> <p>From 14th January</p> <p>11:00am – 1:00pm</p> <p>(Shard End Wellbeing Centre)</p>	<p><b>Volunteer With Us</b></p> <p>Call Natalie on 0121 752 1930 to find out more about Volunteering</p>	<p><b>Little Talkers Speech and Language (invitation or referral only)</b></p> <p>10:00am – 11:30am</p> <p>(Kitts Green CC)</p>	

# Hodge Hill Children's Centres Activity Calendar

## Afternoons...

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>FAB Stay &amp; Play</b> (Run by parents)</p> <p>12:00noon – 2:00 pm</p> <p>(Tame Valley CC)</p>	<p><b>Recovery Toolkit</b></p> <p>12:45pm – 2:45pm Begins 14th January</p> <p>(Anthony Road CC)</p>	<p><b>Baby Massage</b> Booking necessary</p> <p>1:30pm – 3:00pm Begins 15th January</p> <p>(Kitts Green CC)</p>	<p><b>HENRY (Healthy Eating and Nutrition in the Really Young)</b></p> <p>12:30pm – 2:30pm</p> <p>(Highfield Nursery)</p>	<p><b>Creative Kids Play Group</b></p> <p>12:00 noon – 2:00pm</p> <p>(Tame Valley CC)</p>
<p><b>Family Fitness (Physical Fizz)</b></p> <p>1:00pm – 2:00pm</p> <p>(Dyson Gardens)</p>	<p><b>Employment Workshops</b> </p> <p>To be held monthly</p> <p>Contact Zahida (752 1930) or Gurdip (752 1280) for more information</p>	<p><b>Hodge Hill District Children's Centres</b></p> <p>Anthony Road Children's Centre 80 Anthony Road, B8 3AA Tel: 0121 752 1930</p>	<p><b>Solihull Approach</b> 1:00pm – 3:00pm Begins 27th February</p> <p>(Tame Valley CC) Antenatal group for pregnant mothers only</p>	<p><b>Wellbeing Session</b> (5 week course)</p> <p>1:00pm – 3:00pm</p> <p>(Tame Valley CC)</p>
<p><b>HENRY (Healthy Eating and Nutrition in the Really Young)</b></p> <p>1:00pm – 3:00pm (Anthony Road CC)</p>	<p></p> <p>• We deliver Bookstart as part of our service</p>	<p>Dyson Gardens Children's Centre 145 Highfield Road, B8 3QF Tel: 0121 752 1950</p>	<p><b>Digital Families IT Course</b></p> <p>1:00pm – 3:00pm (Dyson Gardens)</p>	<p><b>Musical Babies (Under1s)</b></p> <p>(by invitation or referral only)</p> <p>1:00pm – 2:00pm</p> <p>(Kitts Green CC)</p>
<p><b>Job Club</b> Please book in advance 1:30pm – 3:00pm</p> <p>(Starbank School)</p>		<p>Kitts Green Children's Centre 45 Ridpool Road, B33 9RB Tel: 0121 752 1280</p>	<p><b>Baby Massage</b></p> <p>1:00pm – 3:00pm (Dyson Gardens)</p>	
<p><b>Mindfulness Session</b> (5 week course) Begins 6th January</p> <p>1:00pm – 3:00pm (Kitts Green CC)</p>	<p><b>Little Talkers</b> Speech and Language (by invitation or referral only)</p> <p>1:00pm – 2:30pm (Anthony Road CC)</p>	<p><b>Community Activity Locations</b></p> <p>Firs Primary School Dreghorn Road, B36 8LL</p>	<p>Please be advised that Activities / Sessions are Term Time only</p> <p>-----</p> <p><u><a href="#">School Holidays</a></u></p> <p><b>Spring Half Term :</b> 17th February to 21st February</p> <p><b>Easter Holidays:</b> 5th April to 17th April</p>	
<p></p> <p><b>Job Fair</b></p> <p>30th January 2:00pm - 4:30pm</p> <p>(Ward End Library)</p>	<p><b>Baby Group (Under 2's)</b></p> <p>1:00pm – 2:30pm</p> <p>(Dyson Gardens)</p>	<p>Highfield Nursery Highfield Road, B36 8QF</p>		
	<p><b>Family Fitness (Physical Fizz)</b></p> <p>2:00pm – 3:00pm</p> <p>(Saltley Wellbeing Centre)</p>	<p>Hillstone Primary School Hillstone Road, B34 7PY</p>		
		<p>Hodge Hill PCT (Primary Care Centre) Roughlea Avenue, B36 8GH</p>	<p>Shard End Wellbeing Centre 170 Packington Ave, B34 7RD</p>	<p>Tame Valley Nursery Chillinghome Road, B36 8QJ</p>
		<p>Saltley Wellbeing Centre 120 Broadway Ave. B9 5YD</p>	<p>St Cuthbert's Primary School Gumbleberry's Close, B8 2PS</p>	<p>Ward End Library Washwood Heath Rd, B8 2HF</p>
		<p>Shard End Library Shard End Crescent, B34 7AG</p>	<p>Starbank School Starbank Rd, B10 9LR</p>	<p>Waverley School 311 Yardley Green Rd, B9 5QA</p>



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